





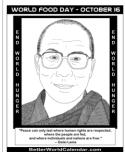






# WORLD FOOD DAY





# October 16

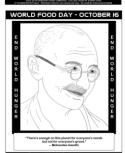






Every act of compassion makes a difference! Start a BetterWorld Club. Join the BetterWorld Movement.

...End World Hunger...





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"I can't think of any issue that is more important than working to see that no schoolchild in this world goes hungry."

-- Drew Barrymore

More than 850 million people in the world go hungry, and as many as 35 million of them are Americans! Worldwide, some estimate that 40 million people die each year because of hunger and diseases related to malnutrition -- and many of them are children!

There is more than enough food in the world so that no one need ever go hungry. Those who wish for a more peaceful, just and sustainable world are helping to make ending world hunger a major priority. In fact, all of the world's leaders agreed to cut the number of starving people in half by the year 2015 as the first priority of the Millennium Development Goals.

World Food Day (End Hunger Day) was adopted by the UN to commemorate the founding of the Food and Agriculture Organization (FAO) of the United Nations on October 16, 1945. The official goal of the day is to "heighten public awareness of the world food problem and strengthen solidarity in the struggle against hunger, malnutrition and poverty."

Together, WE CAN END HUNGER!

#### Be A Hero For A Better World!

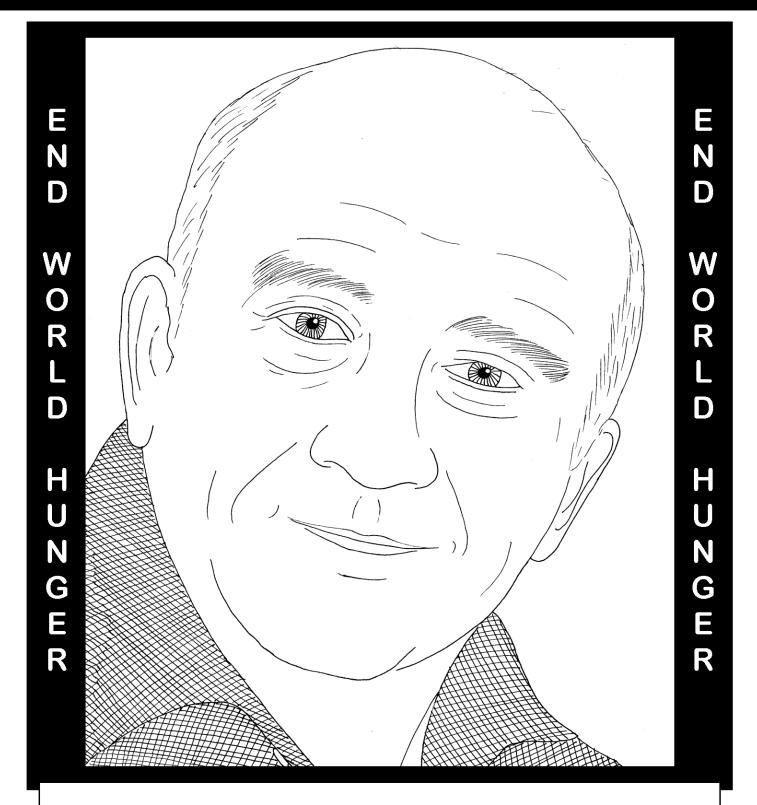
- 1. Find out more
- 2. Pledge to help end hunger (iaahp.net)
- 3. Hold an event to raise awareness about the problem of world hunger
- 4. Contribute to an organization working to end hunger

#### **Organizations Helping End Hunger**

- Alliance To End Hunger (alliancetoendhunger.org)
- America's Second Harvest (secondharvest.org)
- End Hunger Network (endhunger.com)
- Food For All (foodforall.org)
- Oxfam America (oxfamamerica.org)
- World Hunger Year (worldhungeryear.org)

Free Online: EndHungerBook.com

For more information: www.betterworldcalendar.com/worldfoodday.htm



"There are genuinely sufficient resources in the world to ensure that no one, nowhere, at no time, should go hungry."

-- Edward Asner

E E N D D O R L 0 R D D U Z G E N G E R R

"A man not only needs to know how to fish, he needs to have the freedom to do it and a place to do it. That's where community comes in. We have to help each other, and we feel government has a very important role therein."

-- Bill Ayres

E E D D W O 0 R D N G N G E E R R

"I can't think of any issue that is more important than working to see that no schoolchild in this world goes hungry."

-- Drew Barrymore

E E N N D D W W O 0 R D D U U N N G G Ε E R

"The fact is that there is enough food in the world for everyone.

But tragically, much of the world's food and land resources are
tied up in producing beef and other livestock--food for the well off-while millions of children and adults suffer from malnutrition and starvation."

-- Dr. Walden Bello

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E E N D D W O R L 0 R D D U U N G E N G  $\boldsymbol{\mathsf{E}}$ R R

"...peace hangs senselessly and precariously upon weapons costing billions to build and billions to improve — weapons which become more useless as we add to their destructive force.

With this money we could have fed the world's people."

-- Daniel Berrigan

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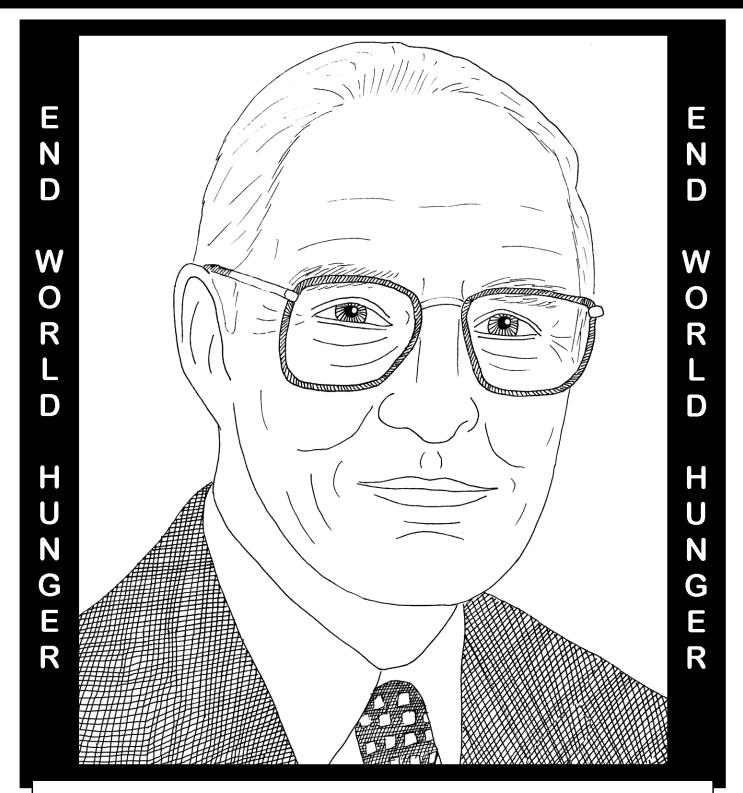
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"Our work seeks to focus attention on the necessity of developing security for the global village, meeting its need for clean air, water, food and a healthy habitat, as well as fostering clarity of vision on cooperation and development."

-- Rosalie Bertell

E E N N D D W O 0 R D D U U N N G G E E R R

"If you want to eliminate hunger, everybody has to be involved."
-- Bono



"...the first essential component of social justice is adequate food for all mankind.

Food is the moral right of all who are born into this world."

-- Norman Borlaug

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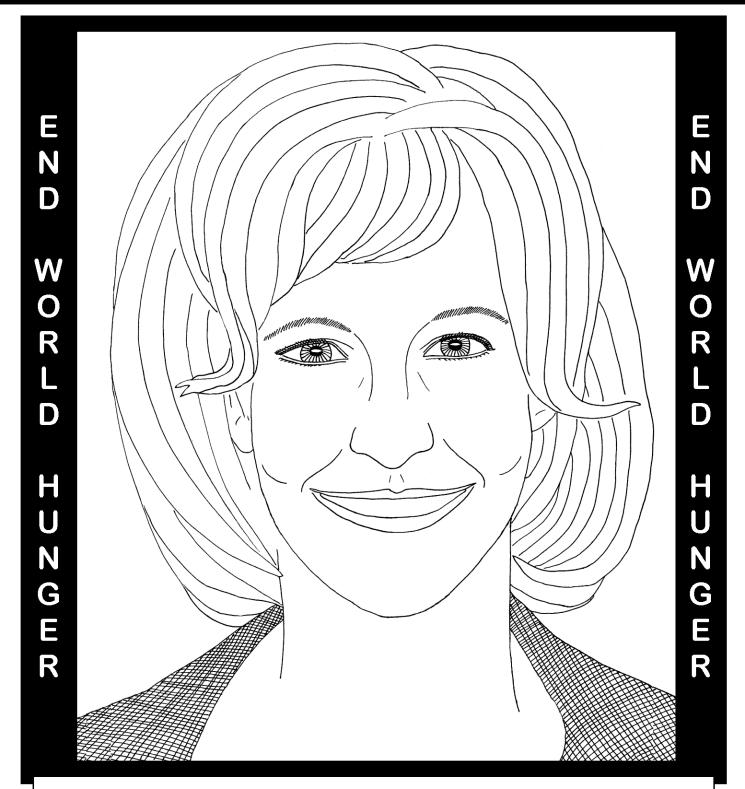


"One of the greatest feelings in the world is knowing that we as individuals can make a difference.

Ending hunger in America is a goal that is literally within our grasp."

-- Jeff Bridges

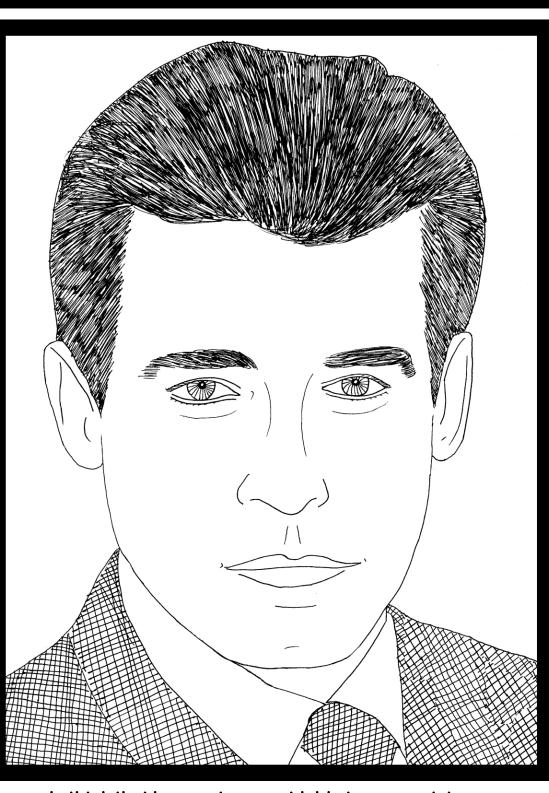
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"Most of our citizenry believes that hunger only affects people who are lazy or people who are just looking for a handout, people who dont' want to work, but, sadly, that is not true. Over one-third of our hungry people are innocent children who are members of households that simply cannot provide enough food or proper nutrition."

-- Erin Brockovich

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"Many people think that hunger is unavoidable in any society, even a society that is blessed with great abundance. That is not true. The European community does not have widespread hunger. America, which leads the world in so many ways, can end childhood hunger within its borders."

-- Pierce Brosnan

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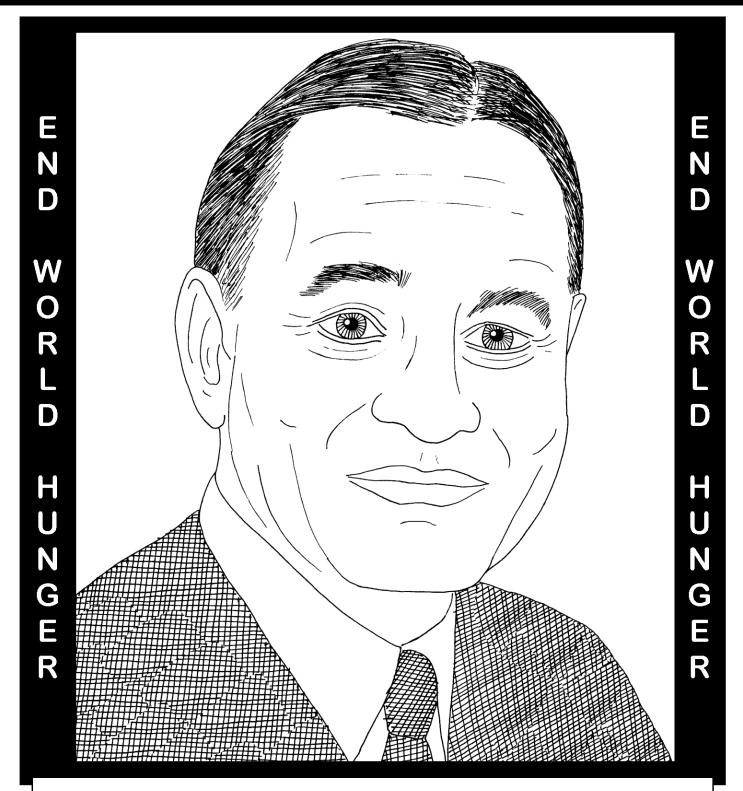
"You cannot tackle hunger, disease, and poverty unless you can also provide people with a healthy ecosystem in which their economies can grow."

-- Gro Brundtland

E E N N D D W W 0 0 R R L L D D H U U N N G G E E R R

"There will never cease to be ferment in the world unless people are sure of their food."

-- Pearl S. Buck



"Peace, to have meaning for many who have known only suffering in both peace and war, must be translated into bread or rice, shelter, health, and education, as well as freedom and human dignity - a steadily better life."

-- Ralph Bunche

E E N N D D W W 0 O R L L D D U U N N G G E E R R

"People don't see hunger in front of them so they are not directly affected.

What I am doing is connecting young people to the issue."

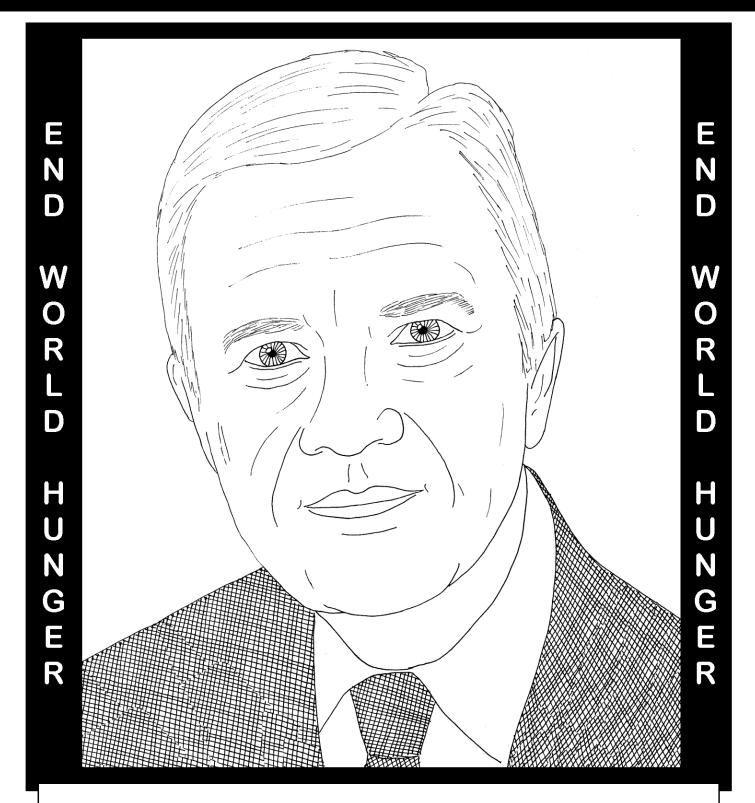
-- Lauren Bush

E E N N D D W W 0 0 R L L D D H U U N N G G E E R R

"When you give food to the poor, they call you a saint.
When you ask why the poor have no food, they call you a communist."
-- Archbishop Hélder Câmara

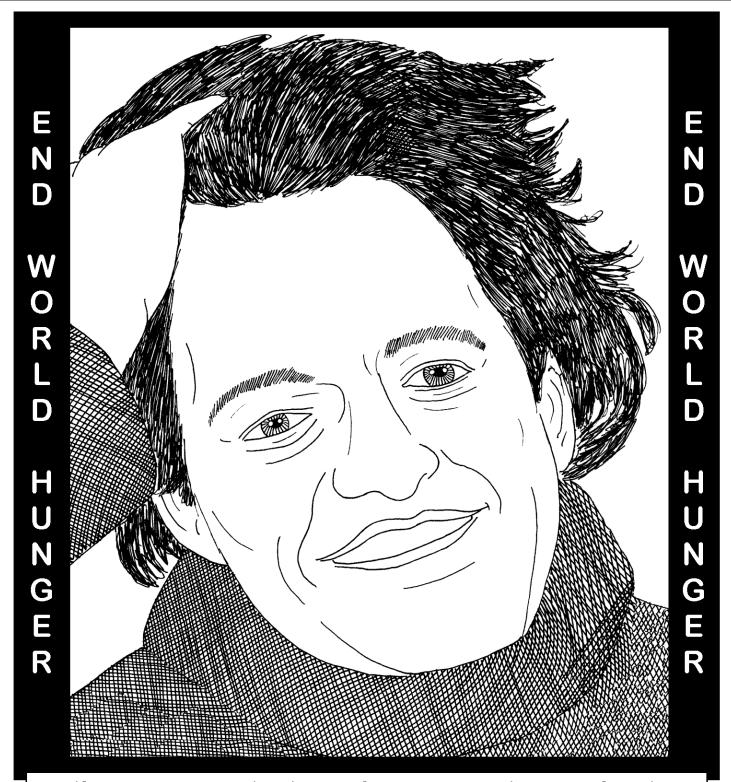
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"The best way to help people prevent hunger is in self help programs."
-- Wallace Campbell, CARE Co-Founder



"We know that a peaceful world cannot long exist, one-third rich and two-thirds hungry."

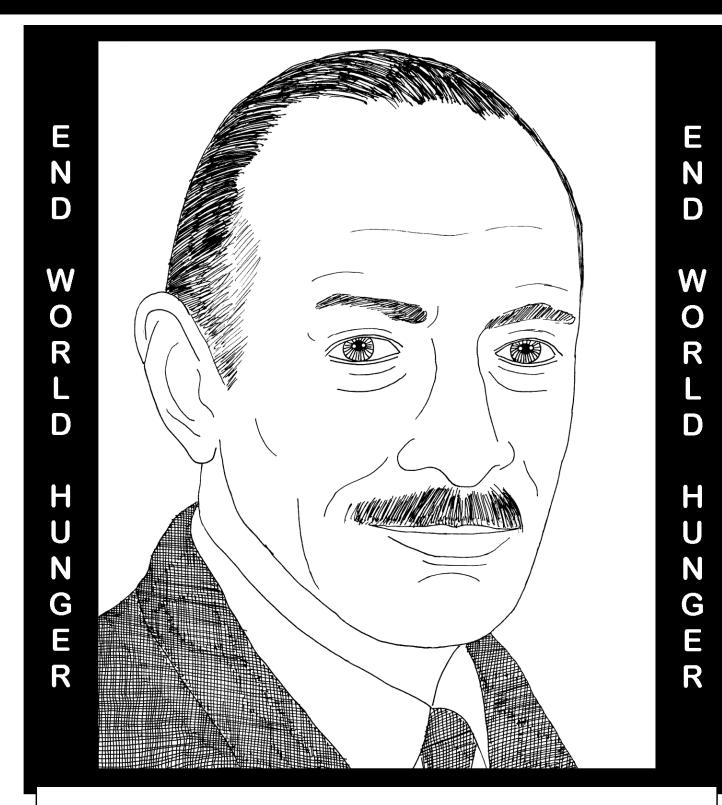
-- Jimmy Carter



"If we can muster up that degree of commitment and get away from the uniquely American perception that if something can't be done immediately it isn't worth doing, then I think the Hunger Movement, this small but growing minority of us, can have a truly significant impact."

-- Harry Chapin

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"Untold numbers of our friends, our neighbors, our parents, and our children, are hoping that there is more understanding, more generosity, more genuine friendship, and more caring among people of all faiths and cultures."

-- John Conyers



"In a nutshell, this United Nations non-profit organization [World Food Programme] feeds millions of starving children at schools in third world countries as an incentive for them to attend school, which in turn might better their futures."

-- Sheryl Crow

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"We need to stop the dying and start the living; stop the hunger and start the hoping." -- Penelope Cruz



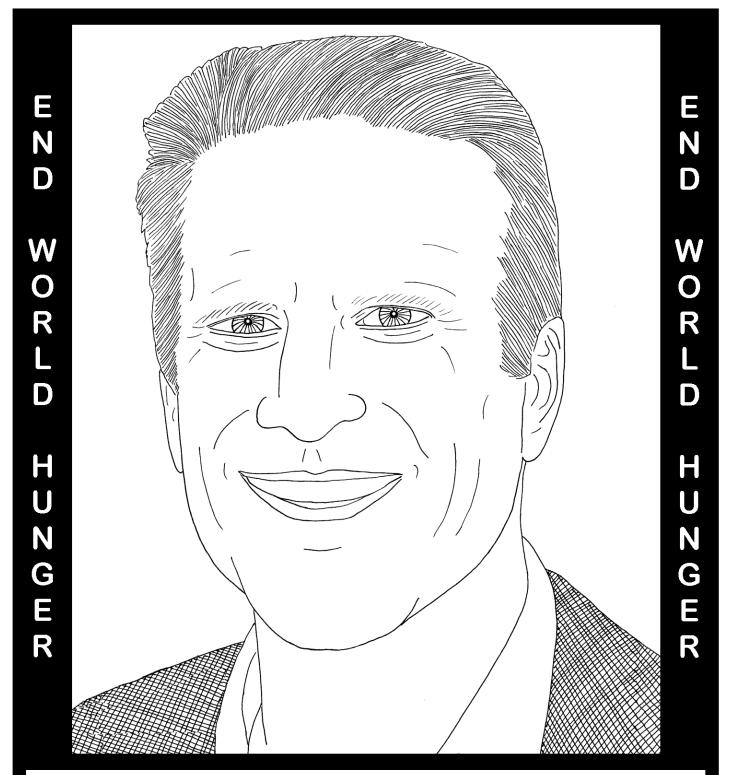
"UNICEF is helping mothers realize their dreams for the future — a future in which the basic needs for a child's survival: food, clean water and simple health care — are guaranteed."

-- Jane Curtin

E E N N D D W W 0 0 R L D D U U N N G G E E R R

"Peace can only last where human rights are respected, where the people are fed, and where individuals and nations are free."

-- Dalai Lama



"Kids who are hungry do poorly in school and are unlikely to grow into productive adults. For families, experiencing hunger means living in a world of isolation and shame.

Caring citizens must put an end to this disgrace."

-- Ted Danson

E E N N D D W W 0 0 R D D U U N N G G E E R R

"Yes, I am my brother's keeper. I am under a moral obligation to him that is inspired, not by any maudlin sentimentality but by the higher duty I owe myself. What would you think me if I were capable of seating myself at a table and gorging myself with food and saw about me the children of my fellow beings starving to death."

-- Eugene V. Debs



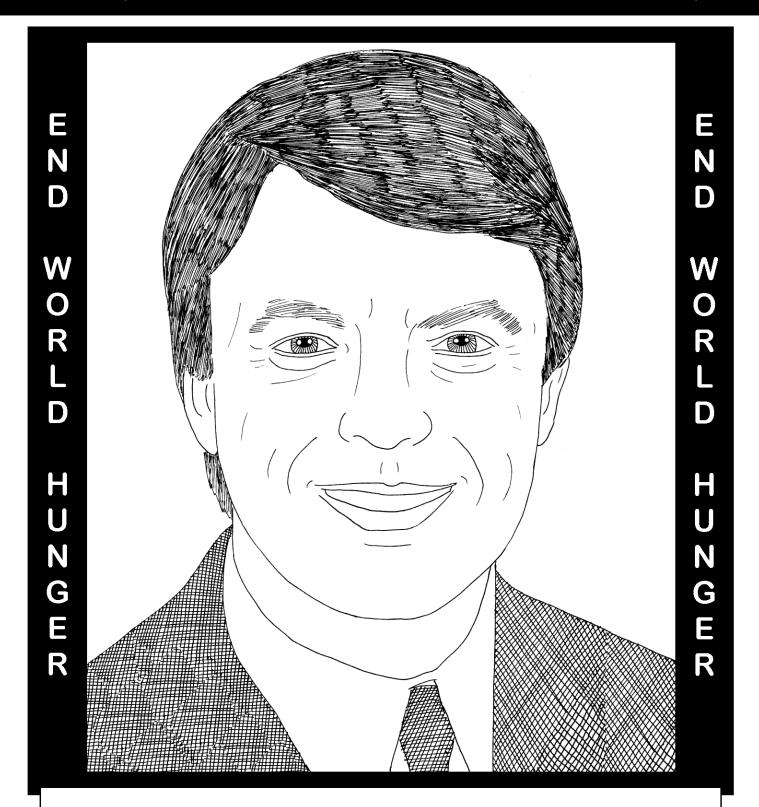
"Imagine what it might do to the human spirit to know that we have conquered hunger as a world wide societal issue?"

-- John Denver

E E N N D D W 0 0 R R D D U U N N G G E E R

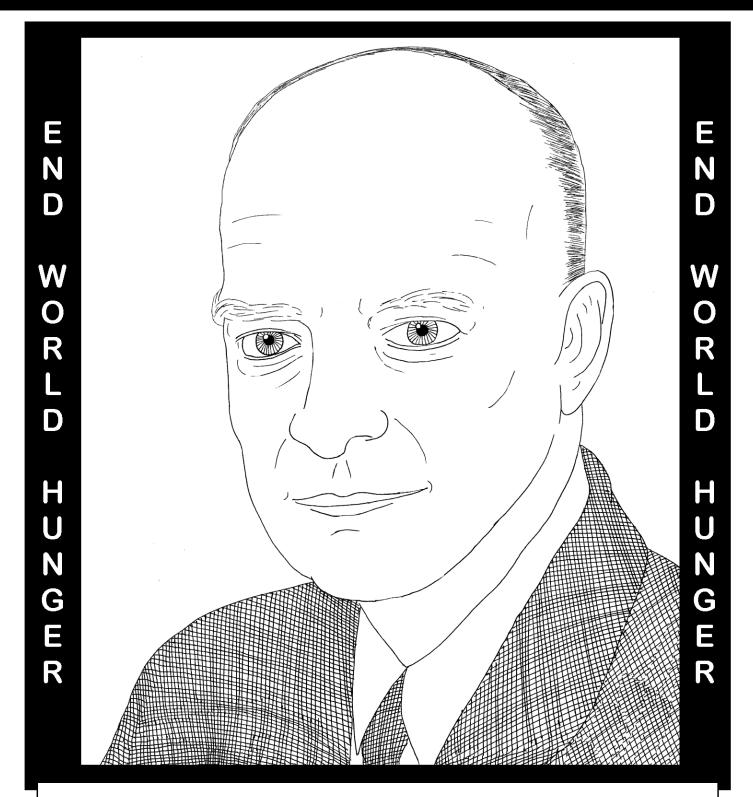
"Just because a child's parents are poor or uneducated is no reason to deprive the child of basic human rights to health care, education and proper nutrition."

-- Marian Wright Edelman



"I believe it is wrong, in a country of such wealth and prosperity, to have 36 million Americans living in poverty."

-- John Edwards



"Every gun that is made, every warship launched, every rocket fired signifies, in the final sense, a theft from those who hunger and are not fed, those who are cold and are not clothed."

-- Dwight D. Eisenhower

E E N N D D W W 0 0 R R L D D U U N N G G Ε E R R

"Many times, a child's struggle against hunger begins before he or she is born because the mother is undernourished.

Making sure prenatal care and proper nutrition are available for expectant mothers in need is a critical part of ending childhood hunger."

-- Hector Elizondo

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"Clean water and health care and school and food and tin roofs and cement floor, all of these things should constitute a set of basics that people must have as birthrights."

-- Dr. Paul Farmer

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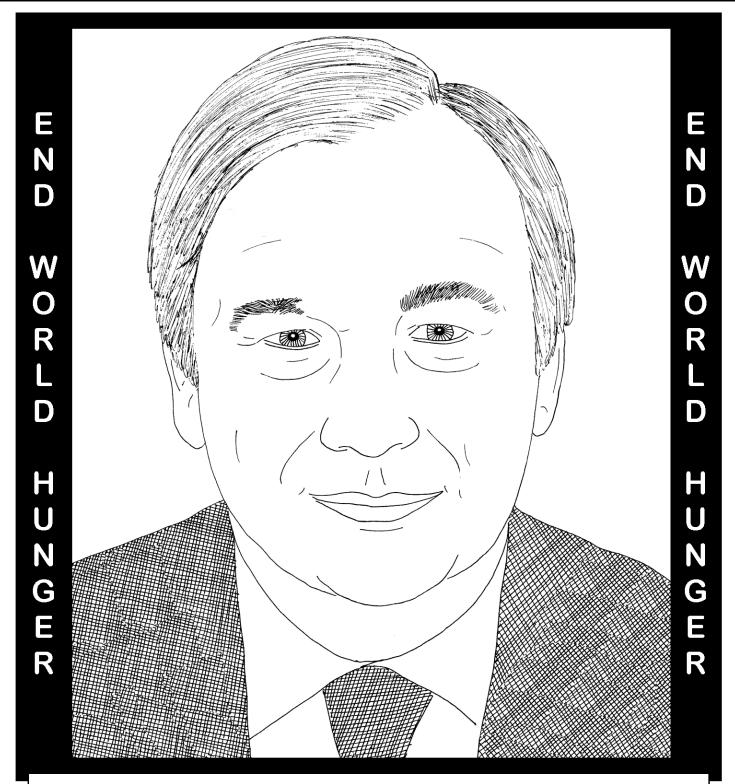
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"Every week a tsunami rips through poor towns and villages all over the world ... That tsunami is hunger."

-- Colin Farrell

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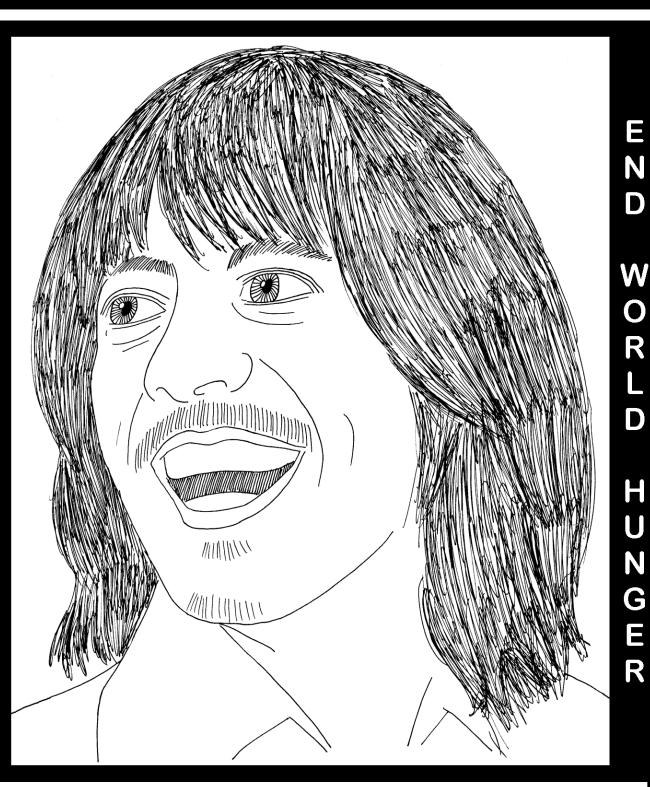
> "There's enough on this planet for everyone's needs but not for everyone's greed."
> -- Mohandas Gandhi



"When food becomes scarce, refugees often turn to desperate measures to feed themselves and their families. We are particularly worried about the health of the refugee population, domestic violence and refugees resorting to illegal employment or even to prostitution, just to put enough food on the table."

-- Antonio Guterres

E N D W 0 R L D U N G E R



"...won't you give some bread to get the starving fed..."
-- George Harrison

E E N N D D W W 0 0 R R L L D D H U U N N G G E E R R

"It's amazing how many people are being fed because of this crazy little thing we started.

We're feeding millions and it is not costing anyone anything."
-- John van Hengel (Father of foodbanking)

E E N N D D W W 0 O R L L D D H U U N N G G E E R R

"Food for Peace"
-- Hubert Humphrey

E E N N D D W W 0 0 R R L D D H U U N N G G E E R R

"I reject the notion that I sit idly by while our cities rot; our minority people are oppressed, our elderly demeaned by semi-starvation and pauperism."

-- Mary Metlay Kaufman

E E N N D D W W 0 0 R R L D D H U U N N G G E E R R

"The war against hunger is truly mankind's war of liberation."
-- John F. Kennedy

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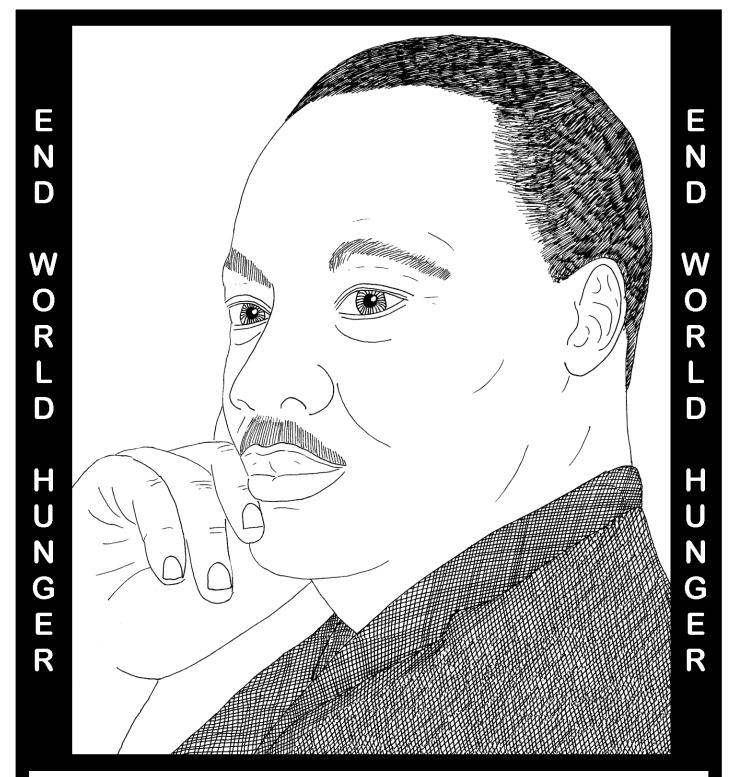
"Because the suffering of any human being diminishes all of us, it's our responsibility to try to ease that suffering.

It is not a matter of titles, but of responsibilities."

-- Khaled

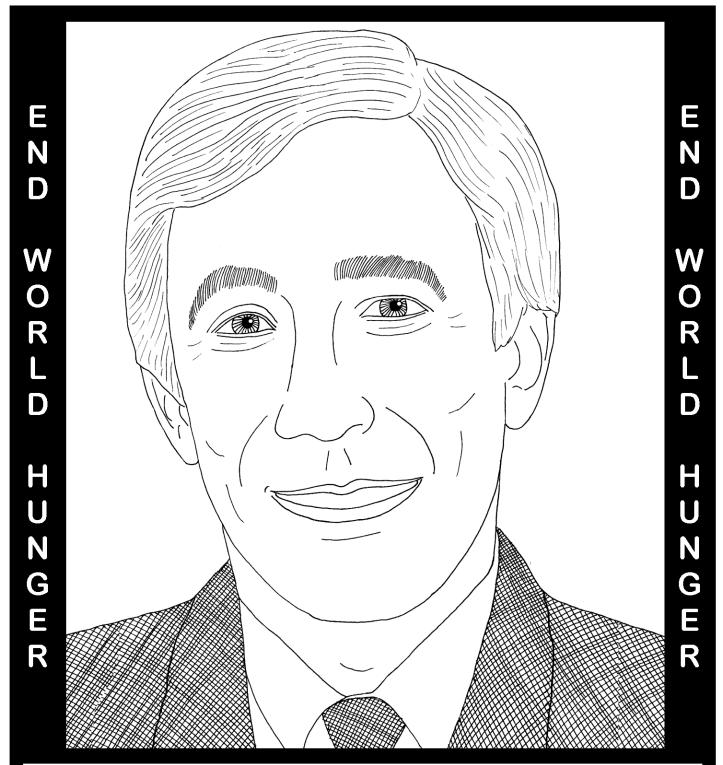
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"Why should there be hunger and deprivation in any land, in any city, at any table, when man has the resources and the scientific know-how to provide all mankind with the basic necessities of life? There is no deficit in human resources. The deficit is in human will."

-- Martin Luther King, Jr.



"Hope is not enough to change the world, to bring peace, to end starvation and poverty, to provide a decent education for all children, or to prevent nuclear holocaust. Yet it is a critical starting point for building a better and brighter future. All of us are challenged to connect hope to action until we have created a might river that will carve a new path to the future."

-- David Krieger

E E N N D D W W 0 0 R L D D U U N N G G E E R

"Joblessness is a weapon of mass destruction. Poverty is a weapon of mass destruction. Hunger is a weapon of mass destruction. Poor health care is a weapon of mass destruction. Poor education is a weapon of mass destruction.

Discrimination is a weapon of mass destruction.

Let us abolish such weapons of mass destruction here at home."
-- Dennis Kucinich

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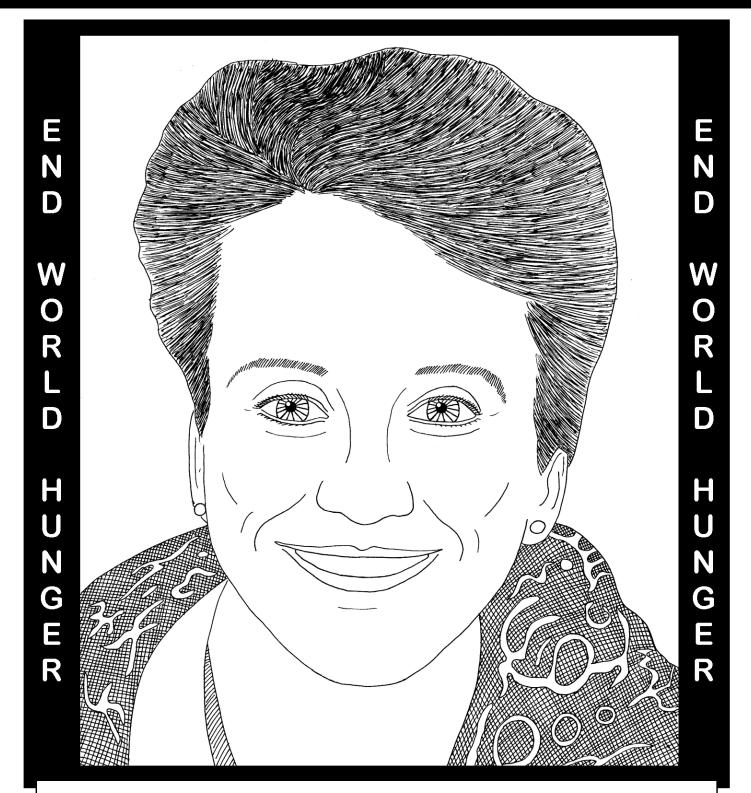
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E E N N D D W W 0 0 R L L D D H U U N N G G E E R R

"A struggle for existence is not a decent living.

A man or woman or child may die of starvation in a city teeming with plenty."

-- Susette La Flesche



"No society has fulfilled its democratic promise if people go hungry...
If some go without food they have surely been deprived of all power.

The existence of hunger belies the existence of democracy."

-- Frances Moore Lappé

E E N N D D W W 0 0 R R L D D H U U N N G G E E R R

"Imagine no possessions. I wonder if you can.

No need for greed or hunger. A brotherhood of man.

Imagine all the people sharing all the world..."

-- John Lennon

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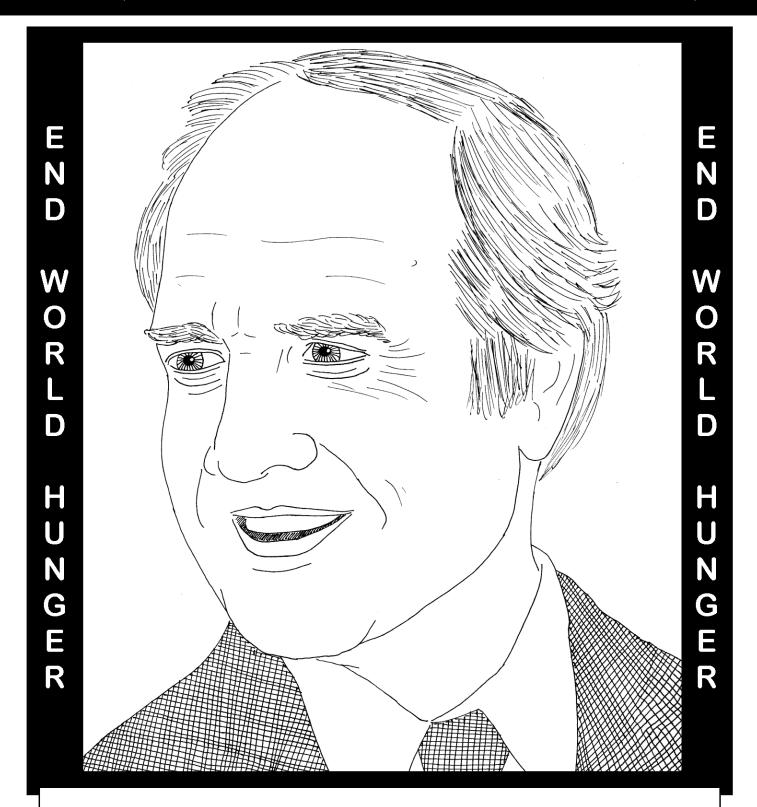
"Where there is hunger there is no hope.

There is only desolation and pain.

Hunger nurtures violence and fanaticism.

A world where people starve will never be safe."

-- Luiz Lula da Silva



"We have the resources to end hunger, we know what has to be done, and it's something that can be achieved at a rather modest cost."

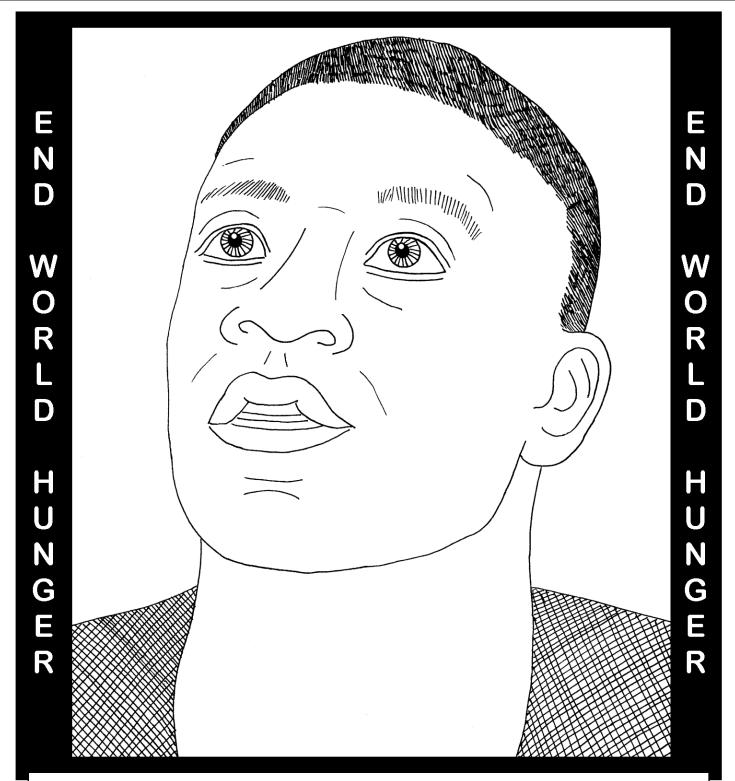
-- George McGovern

E E N N D D W W 0 0 R R L D D H U U N N G G E E R R

"Charity is commendable; everyone should be charitable.

But justice aims to create a social order in which,
if individuals choose not to be charitable,
people still don't go hungry, unschooled or sick without care."

-- Bill Moyers



"24,000 people, 18,000 of them children, die every day because of hunger. Each year we bring food to nearly 90 million people in more than 80 countries.

Food – there's no greater gift,
and no better way to give it than the World Food Programme."

-- Dikembe Mutombo

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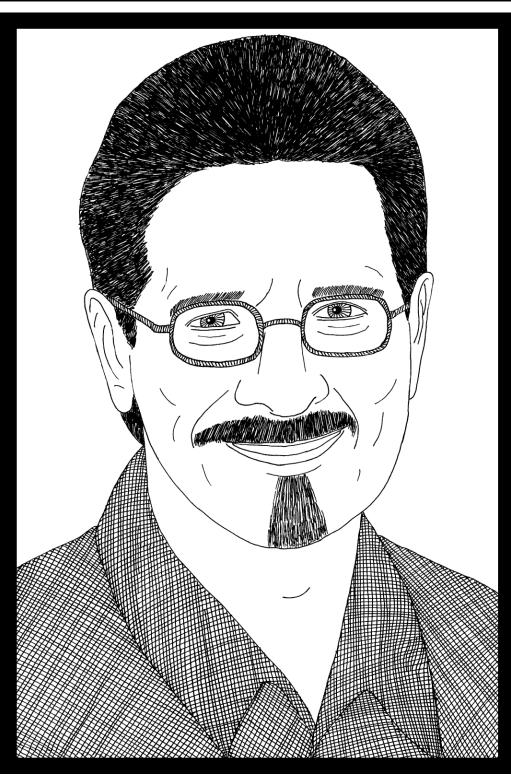
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"We must come to terms with our responsibility to be the gatekeepers to end childhood hunger. Our love for life can propel us to share and provide a secure future for the children of our country."

-- Edward James Olmos

D R U G E R



"Mercy Corps' partnership with The Hunger Site translates into lifesaving assistance for people in tremendous need around the world. When you visit, click, and shop at this unique site, you're making the future a little brighter for families who need food in the world's poorest places."

-- Dan O'Neill

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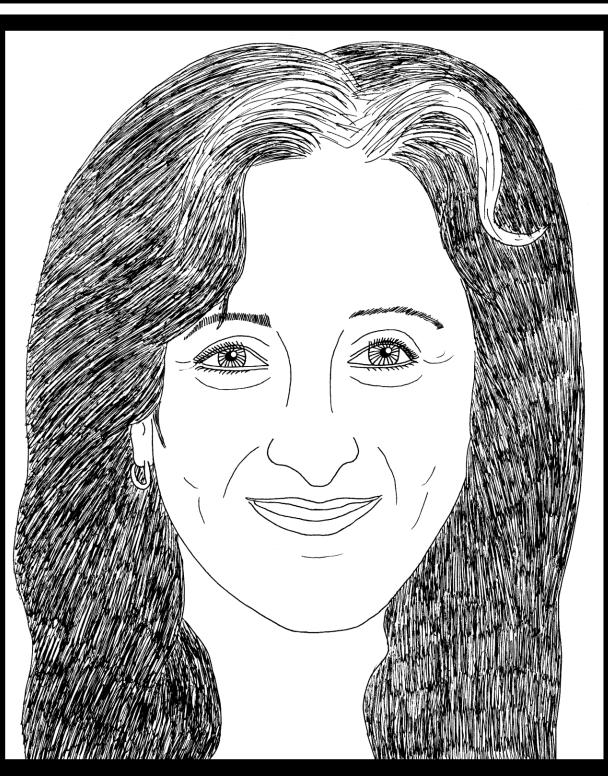
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"How unthinkable that, in a country of such bursting plenty, so many people are facing ongoing hunger and poverty. If we are truly each other's keepers, let's support school lunches, food stamps, neighborhood garden projects, and so many other wonderful programs working to put an end to this cruel and needless blight once and for all."

-- Bonnie Raitt

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"The freedom of man, I contend, is the freedom to eat."
-- Eleanor Roosevelt

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"The peoples of many countries are being taxed to the point of poverty and starvation... to enable governments to engage in a mad race in armaments..."
-- Franklin D. Roosevelt

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"With the help of folks like you and me, Heifer International tackles the problem of hunger one family at a time with gifts of renewable resources - farm animals that are ongoing sources of food and income."

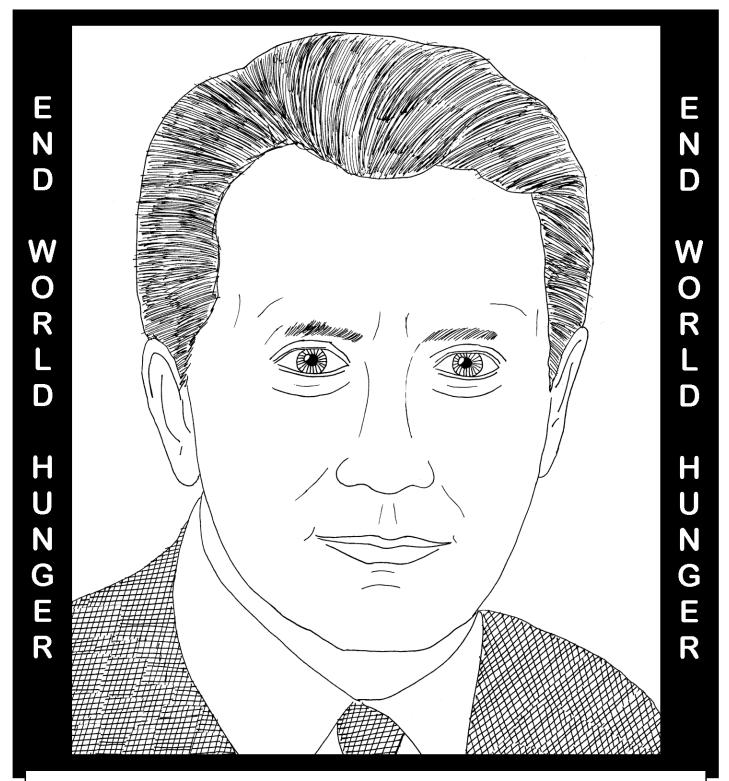
-- Susan Sarandon

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"Starvation is the characteristic of some people not having enough food to eat.

It is not the characteristic of there being not enough food to eat."

-- Amartya Sen



"I believe that, when Americans learn the facts and understand how their involvement can make a difference, banishing childhood hunger will be a national, local and personal priority."

-- Martin Sheen



"We must add our voices to those who cry out that there is a standard below which we will not allow human beings to live, and that that standard is not at the freezing nor starving point....In a democracy all are responsible."

-- Hannah Solomon

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"America is an enormous frosted cupcake in the middle of millions of starving people."
-- Gloria Steinem

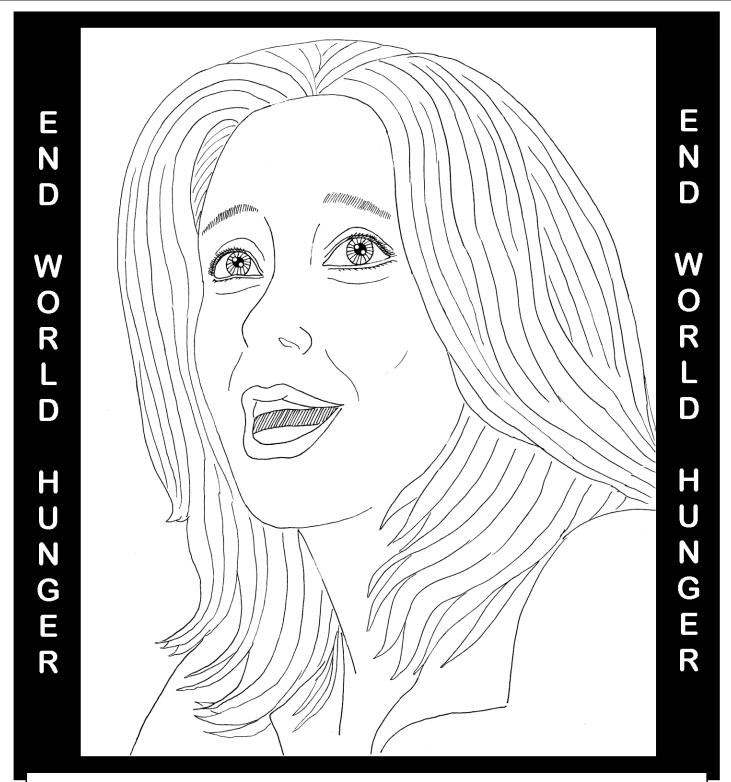
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"When a poor person dies of hunger, it has not happened because God did not take care of him or her. It has happened because neither you nor I wanted to give that person what he or she needed."

-- Mother Teresa

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"I want a different world. One where I don't wake up thinking I'm so lucky to be able to feed my daughter, and able to give people a clean drink of water. I don't want images of starving babies at the breast in my mind.

I want that to change. And if I want that, I had better do something about it."

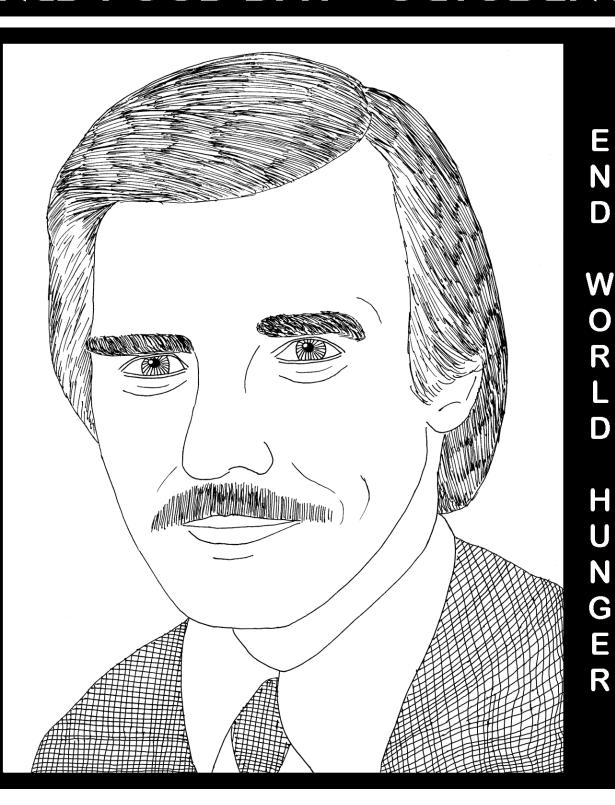
-- Emma Thompson

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"...Just a fraction of what is extended so obscenely on defense budgets would make a real difference in enabling God's children to fill their stomachs, be educated, and be given the chance to lead fulfilled and happy lives."

-- Archbishop Desmond Tutu

E N D W 0 R L D U Z G E R



"There can be no lasting peace, no security, nor can we as human beings begin to touch our full potential, as long as hunger overwhelms the human spirit around this planet."

-- Dennis Weaver



It is an eternal obligation toward the human being not to let him suffer from hunger when one has a chance of coming to his assistance."

-- Simone Weil

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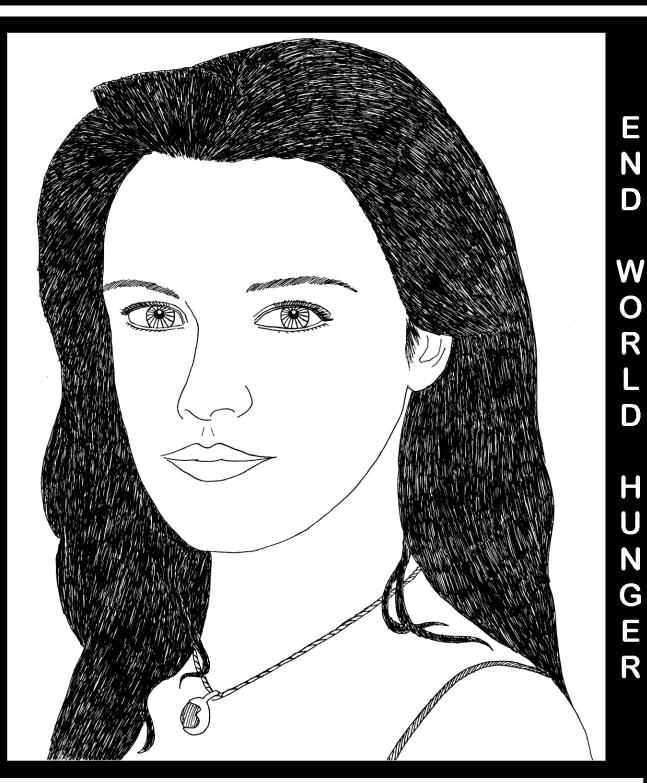
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"Every new mother wonders, 'what will I pass on to my child'? Hunger is one inheritance no mother wants to give her child, yet millions of poor women have for generations. Help the World Food Programme break this cycle. No child should inherit hunger."

-- Rachel Weisz

E E N N D D W W O 0 R L L D D U U N N G G E E R R

"There is much to be done, there is much that can be done... one person of integrity can make a difference, a difference of life and death...As long as one child is hungry, our lives will be filled with anguish and shame. What all these victims need above all is to know that they are not alone; that we are not forgetting them, that when their voices are stifled we shall lend them ours..."

-- Elie Wiesel

E E N N D D W W 0 O R R D D H U U N N G G E E R R

"In a world that we know can feed itself, upwards of 40,000 children die very day from conditions of malnutrition. Surely we must question why we are allowing this carnage to continue."

-- Betty Williams

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Hunger does not breed reform; it breeds madness, and all the ugly distempers that make an ordered life impossible."

-- Woodrow Wilson

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"Hunger is the worst form of deprivation of a human being. Although inability to access food is the immediate cause of hunger, the real cause in most of the incidents of hunger is lack of ability to pay for food. If we are looking for ways to end hunger then we should be looking at ways to ensure a reasonable level of income for all."

-- Muhammad Yunus

